Coverage Period: 10/01/2025 - 09/30/2026

Coverage for: All Participants | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.myhnas.com or call 1-855-550-3733. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.myhnas.com or call 1-855-550-3733 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For in-network <u>providers</u> \$6,350/person and \$12,000/family. For out-of-network <u>providers</u> \$10,000/person and \$20,000/family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes, preventive care.	This <u>plan</u> covers some items and services even if you haven't met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive</u> <u>services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For in-network <u>providers</u> \$7,050/person and \$14,100/family. For out-of-network <u>providers</u> \$15,000/person and \$30,000/family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges, penalties, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.myhnas.com or call 1-855-550-3733 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware that your <u>network provider might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider before you get services</u>.</u>
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

		What You Will Pay		Limitations Everytions 9 Other	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	0% coinsurance	20% coinsurance	None	
	Specialist visit	0% coinsurance	20% coinsurance	None	
If you visit a health care provider's office or clinic	Preventive care/screening/ immunization	No charge. <u>Deductible</u> does not apply.	20% coinsurance	Includes preventive services as mandated by ACA. You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.	
oo	Chiropractic Care	0% coinsurance	20% coinsurance	None	
	Diagnostic test (x-ray, blood work)	0% coinsurance	20% coinsurance	None	
	Imaging (CT/PET scans, MRIs)	0% coinsurance	20% coinsurance	Precertification required.*	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	0% <u>coinsurance</u>	20% coinsurance	Precertification required.*	
surgery	Physician/surgeon fees	0% coinsurance	20% coinsurance	None	
	Emergency room care	0% coinsurance	Paid as in-network	None	
If you need immediate medical attention	Emergency room care Non-Emergent	0% coinsurance	Paid as in-network	None	
	Emergency medical transportation	0% coinsurance	Paid as in-network	None	
	Urgent care	0% coinsurance	20% coinsurance	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	0% coinsurance	20% coinsurance	Precertification required.* OON limited to 90 days/ benefit year	
	Physician/surgeon fees	0% coinsurance	20% coinsurance	None	

^{**} For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.myhnas.com</u>.

	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other	
Common Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information	
If you need mental health, behavioral	Outpatient services	0% coinsurance	20% coinsurance	None	
health, or substance abuse services	Inpatient services	0% coinsurance	20% <u>coinsurance</u>	Precertification required.* OON limited to 90 days/ benefit year	
	Office visits	0% <u>coinsurance</u>	20% <u>coinsurance</u>	Cost-sharing does not apply for in-network routine prenatal services that are considered <u>preventive care</u> . Additional cost sharing may apply for services billed beyond office visit (i.e. ultrasound, etc.).	
If you are pregnant	Childbirth/delivery professional services	0% coinsurance	20% coinsurance	None	
	Childbirth/delivery facility services	0% <u>coinsurance</u>	20% <u>coinsurance</u>	Precertification is only required for stays exceeding the day limits outlined in the Newborns' and Mothers' Health Protection Act.	
	Home health care	0% coinsurance	20% coinsurance	Precertification required.*	
	Rehabilitation services	0% <u>coinsurance</u>	20% <u>coinsurance</u>	Includes physical, speech, occupational, and other rehabilitative therapies. Pulmonary rehab is limited to 24 visits/benefit year	
If you need help	Cardiac Rehabilitation	0% coinsurance	20% coinsurance	Limited to 36 sessions/benefit year	
recovering or have other special health	Habilitation services	0% coinsurance	20% coinsurance	None	
needs	Skilled nursing care	0% coinsurance	20% coinsurance	Limited to 60 days/period of confinement. Precertification required.*	
	Durable medical equipment	0% coinsurance	20% coinsurance	Precertification may be required.*	
	Hospice services	0% coinsurance	20% coinsurance	None	

^{**} For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.myhnas.com</u>.

		What You Will Pay		Limitations, Exceptions, & Other
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	Children's eye exam	0% coinsurance	Not covered	Limited to 1 exam/benefit year per member
If your child needs	Children's glasses	Not covered	Not covered	None
dental or eye care	Children's dental check-up	Not covered	Not covered	None

^{*} Precertification is required before certain medical services. Emergency admissions must be certified within 48 hours following the admission. To precertify services, call the phone number indicated on your ID card. **Failure to precertify out-of-network services may result in a penalty.**

0		What You	u Will Pay	Limitations Forestions 9 Other bounded
Common Medical Event	Services You May Need	Retail Pharmacy	Mail Order Pharmacy	Limitations, Exceptions, & Other Important Information
		(30 day supply)	(90 day supply)	
	Generic drugs	0% coinsurance	0% coinsurance	Certain medications considered preventive
If you need drugs to treat your illness or condition More information abou	Preferred brand drugs	0% coinsurance	0% <u>coinsurance</u>	care under ACA are payable at no cost-share to the member. Non-participating pharmacies are not covered.
coverage is available www.primetherapeutic com	INDIT-DIGIGIEU DI AITU ULUUS	0% coinsurance	0% coinsurance	Coinsurance applies after medical deductible. Participating Retail Pharmacy fills up to 90-
	Specialty drugs Only available as an up to 30-day supply.	Specialty follows the tier stru	ucture above.	days are covered at 0% coinsurance.

^{**} For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.myhnas.com</u>.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (adult)

- Hearing aids
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private duty nursing
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery (subject to medical review)
- Chiropractic care

Routine eye care (adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: HealthNow Administrative Services, 1-855-550-3733, www.myhnas.com; Department of Labor/Employee Benefits Security Administration, 1-866-444-EBSA (3272), www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: HealthNow Administrative Services, 1-855-550-3733, www.myhnas.com; Department of Labor/Employee Benefits Security Administration, 1-866-444-EBSA (3272), www.dol.gov/ebsa/healthreform].

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-550-3733.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-550-3733.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-855-550-3733.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-550-3733...

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

^{**} For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.myhnas.com</u>.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$6,350
Specialist coinsurance	0%
Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$6.350	
<u>Copayments</u>	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$6,410	

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$6,350
■ Specialist coinsurance	0%
■ Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$5,420	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$5,440	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$6,350
■ Specialist coinsurance	0%
■ Hospital (facility) coinsurance	0%
Other coinsurance	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost \$2,800
In this example, Mia would pay:

In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$2800
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,800